



Erasmus+ GOES RUHRPOTT

Youth travel  
guide

# PREFACE

When visiting foreign places you often have to rely on a travel guide to plan your activities. But unfortunately the average guidebook only provides information on the most popular sights that are often really crowded, overpriced and not as interesting as advertised in the travel guide.

Because of this we decided to create a travel guide that especially focuses on sights that are interesting for younger people and places that are popular amongst locals. Therefore you will find a combination of unique attractions in the “Ruhrpott” and insider tips that we as locals recommend.

We hope that our travel guide helps you to get an insight on how fascinating the Rhine-Ruhr area can be and that it helps you to plan your perfect stay in our beautiful region.

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Duisburg

Oberhausen

Essen

Düsseldorf

Useful Vocabulary

# KEY

**PRICE RANGE :** food \$ (5+ €, 2 pers.) activities \$ (0-10 €) tickets \$ (2,50+ €)  
\$\$ (10+ €, 2 pers.) \$\$ (10+ €) \$\$ (5,50+ €)  
\$\$\$ (25+ €, 2 pers.) \$\$\$ (25+€) \$\$\$ (10+ €)



**FREE WIFI**



**LOCATION**



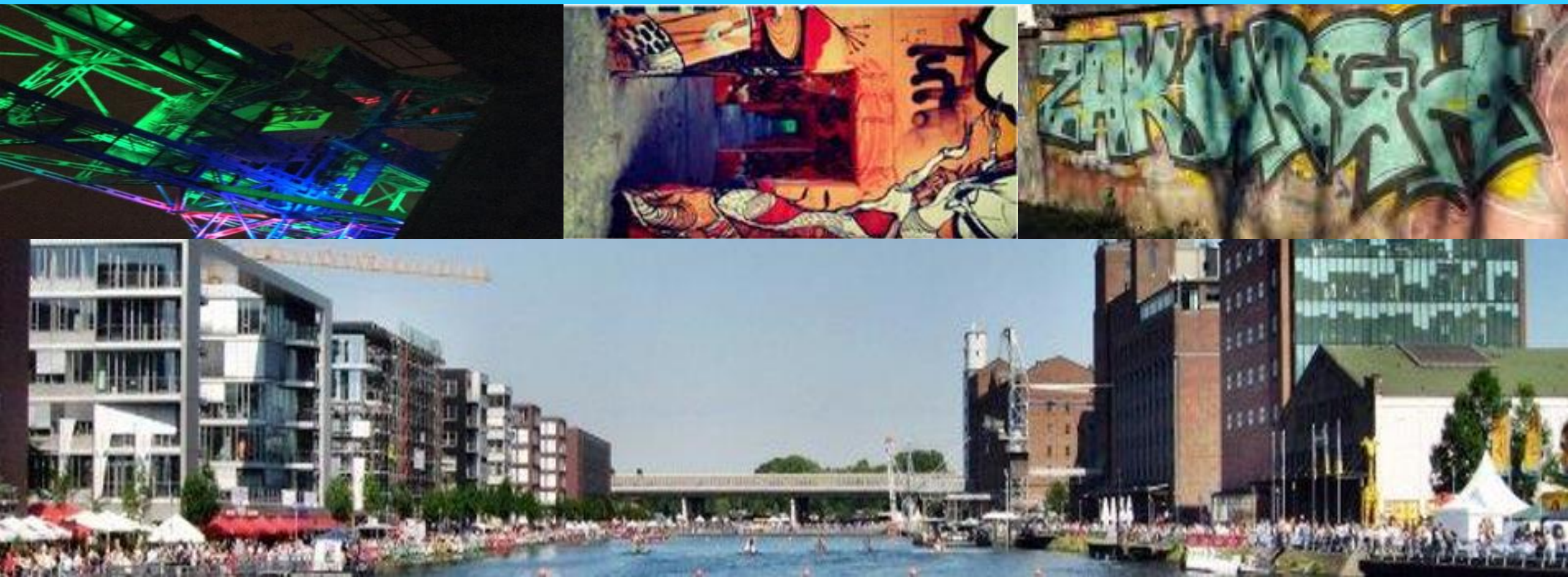
**INSIDER TIP**



# ORIENTATION



# DUISBURG



# GENERAL INFORMATION

- population of 500.000 citizens
- well known for it's history in steel production
- next to river Rhine
- Close to the Dutch border





# TRANSPORTATION

## Distances

Duisburg-Oberhausen 15km

Duisburg-Essen 30km

Duisburg-Düsseldorf 25km

Duisburg-Cologne 70km





# ACTIVITIES

Forum/downtown

shopping in- and outside  
85 shops

„Golden Ladder“

„Life Saver“

8:00 a.m.-20:00 p.m

\$



Rheinpark

unique graffiti art  
playground

skate park

opened 24/7

\$



# SIGHTS

## Tiger and Turtle

sculpture of a rollercoaster,  
built to be walked on  
city-wide view  
illuminated at night  
opened 24/7  
\$



## Landschaftspark Nord

former industrial estate  
space for events  
famous location for  
movie shoots  
opened 24/7  
\$



# FOOD

Mongo's

healthy Asian food  
vegetarian friendly  
\$\$-\$\$\$



Ziegenpeter

homemade, seasonal food  
handicapped employees  
\$\$



L'Osteria

Italian & Mediterranean food  
huge pizzas  
\$\$





# URBAN SLANG

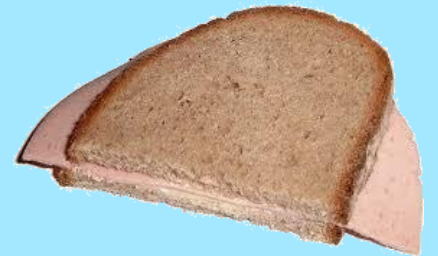
Blagen

young, annoying  
children



Stullen

typical German bread  
with spread on it

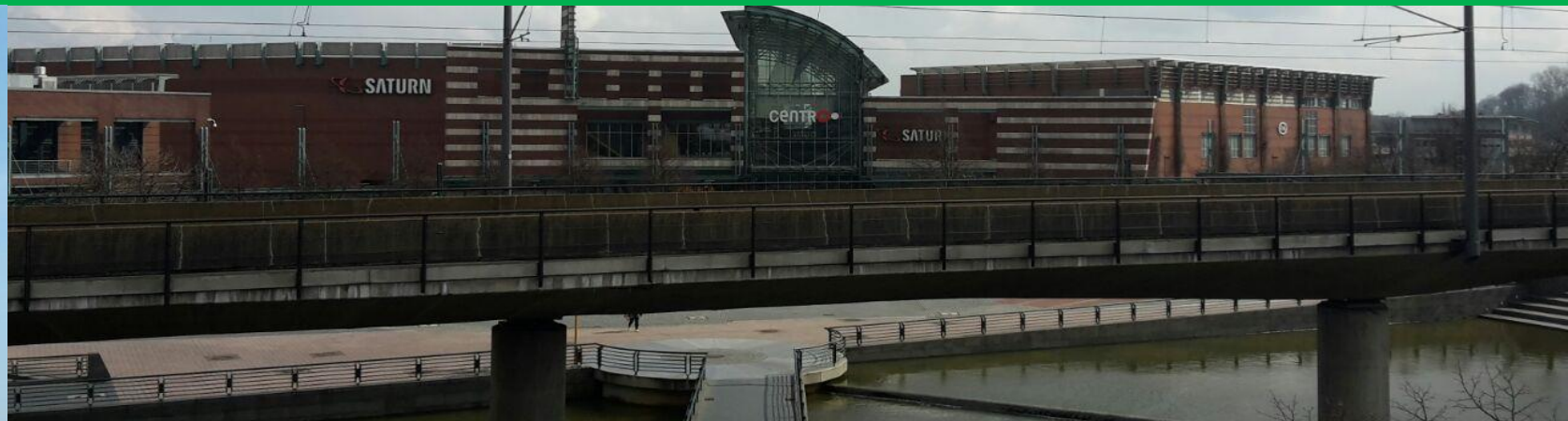


Büdchen

small shop, very popular  
among young children



# OBERHAUSEN



# GENERAL INFORMATION

- neighboring city of Duisburg
- next to river Emscher
- population of around 21 2.000 citizens





# TRANSPORTATION

fastest connections from  
Duisburg Hbf

ERB 89867

S1

RE 10502

ABR 56708

\$



# ACTIVITIES

## Aquapark

weird waterslides  
9 a.m. to 9 p.m.  
\$\$



## Tree 2 Tree

Outside climbing center  
with different levels of  
difficulty.  
11 a.m. to 7p.m.  
\$\$\$



## Centro

shopping center  
220 shops  
10 a.m. to 8 p.m.



# SIGHTS



## Gasometer

industrial monument of  
Oberhausen  
exhibition hall for different  
themes

great view

10 a.m. to 6 p.m.

\$\$





# FOOD

Nordsee

fast food and fish  
Coca Cola Oasis  
\$



Promenade

modern fast food  
beautiful seating  
\$-\$\$



# URBAN SLANG

Pommes Schranke fries with ketchup and mayonnaise (literally: fries barrier)



Was ein Firlefanzen. Such unnecessary stuff.





# ESSEN





# GENERAL INFORMATION

- fourth biggest city located in the west of Germany
- around 600.000 citizens
- river Ruhr splits Essen
- „Green Lung“ of the Ruhrpott
- gap between the rich and the poor can be seen by the differences of the city's quarters



# TRANSPORTATION

fastest connections from  
Duisburg Hbf

RE 42

RE 11

RE 6

S1

\$\$



# ACTIVITIES



Limbecker Platz

200 shops  
unique promotions  
\$-\$\$\$\$



Lichtburg

Germany's biggest  
cinema hall  
movie premieres  
\$\$-\$\$\$\$





# SIGHTS

Zeche Zollverein

active mine until 1986  
interactive museum  
UNESCO world heritage



Grugapark

gardening exhibition  
sculptures are illuminated  
at night

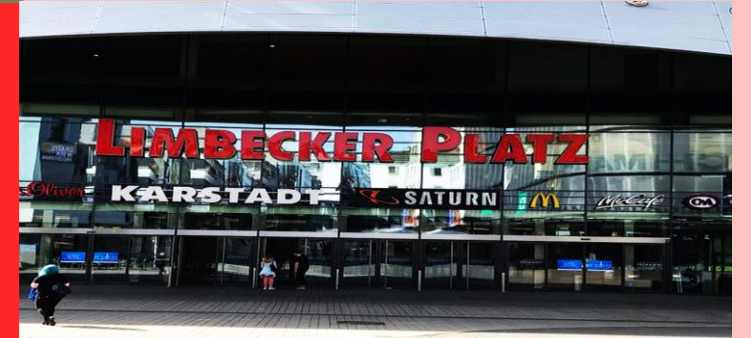


# FOOD



Limbecker Platz

„international“ food  
vegetarian friendly  
\$-\$\$\$



Pfefferkorn

American steakhouse  
vegetarian friendly  
\$\$-\$\$\$



Der Löwe

German dishes  
\$\$



# URBAN SLANG

Komm ma bei mich bei.

Come here.

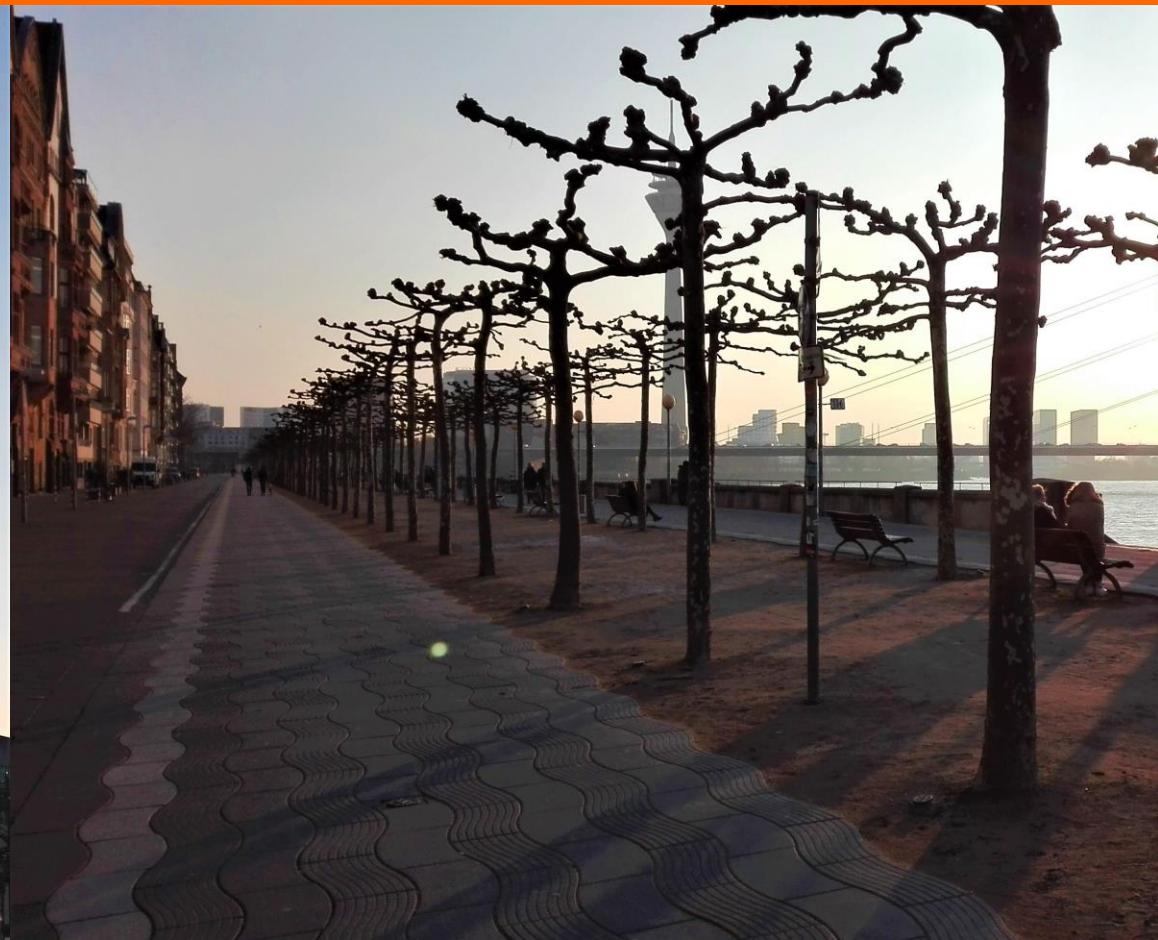


Wat is dat fürn  
Kokolores?

What's that nonsense?



# DÜSSELDORF



# GENERAL INFORMATION

- capital of the federal state of North Rhine Westphalia
- divided by the river Rhine
- known for it's fashion industry and art scene





# TRANSPORTATION

fastest connections from  
Duisburg Hbf

RE 10139

RE 11

S1

S2

S6

\$





# ACTIVITIES

Rhine embankment promenade

meeting point for all ages  
various events

Altstadt

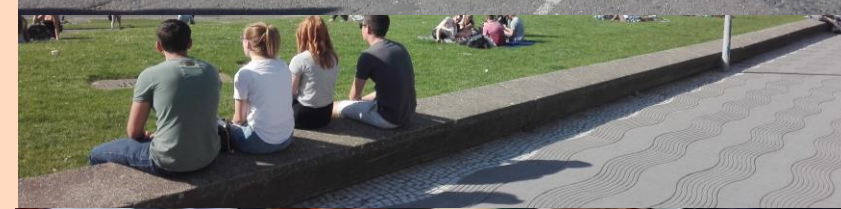
„Longest Bar in the World“  
gift shops  
\$-\$\$\$

Kö

luxury retail stores  
(Chanel, Prada, CK...)

Zakk

all genres  
different organizers  
various events  
\$-\$\$\$



# SIGHTS

Media harbour

architectural art  
individually designed buildings



Rhine tower/ Landtag

tall tower with a city-wide view  
insight into conference rooms  
\$\$\$



Flingern's street art

whole street of painted houses  
legal walls



# FOOD



Beef Brothers Düsseldorf

handmade, fresh burgers  
vegetarian friendly  
\$-\$\$



Waraku

authentic, Japanese sushi  
vegetarian friendly  
\$\$-\$\$\$



Locos

kebab and rice  
\$





# URBAN SLANG

Großkotz

show off  
(literally: big barf)



Ich brauche  
einen Muckefuck.

I need an instant  
coffee.



# USEFUL VOCABULARY

## BASICS

1. Guten Tag! – Hello!
2. Wie geht's? - How are you?
3. Was geht ab? - What's up?
4. Na, alles klar? - So, everything clear?
5. Mir geht's gut - I am doing well
6. Es geht. – I'm okay.
7. Ich verstehe nur Bahnhof - It's all Greek to me (I don't understand this)
8. Aller Anfang ist schwer - Every beginning is hard
9. Prost! - Cheers!
10. Neeeee - No

# USEFUL VOCABULARY

- 11. Auf jeden Fall - in any case
- 12. Na ja... - Well... (filler word)
- 13. Jein... - Yes and no; yes, but...
- 14. chillen - to chill
- 15. Ja, ich bin dabei - Yes, I'll join
- 16. Entspann dich! - Relax!
- 17. Geil! - Awesome!
- 18. Fett - awesome
- 19. Krass! - Amazing, awesome! (Very strong, usually in a positive way)
- 20. Die Nase voll haben - to be sick of something



# USEFUL VOCABULARY

21. Bock haben - be in the mood for something (Ich habe Bock auf's essen.)
22. jdm. die Daumen drücken - keep fingers crossed
23. Einen Augenblick, bitte! - please wait a moment
24. Wie viel kostet das?- How much is that?
25. Was möchten Sie? - What would you like?
26. Darf ich mit Bargeld bezahlen? - Can I pay cash?
27. Die Rechnung, bitte - Check, please
28. Noch eine, bitte! - One more, please
29. Darf ich mal vorbei? - Can I you are pushing through a crowd and ask to let you
30. Kannst du/Können Sie mir helfen? - Could you help me?

# USEFUL VOCABULARY

- 31. Schön Sie kennenzulernen - Nice to meet you
- 32. Alles Gute zum Geburtstag - Best wishes on your Birthday
- 33. Guten Appetit.
- 34. Ich stimme dir zu - I agree with you
- 35. Stimmt so - It's OK (when you leave tips for example and ask waiter to keep the change)
- 36. Der Zug ist schon abgefahren - equivalent to "that ship has sailed"
- 37. Eigentlich schon, aber - I agree, but..
- 38. Bis später! - See you later!
- 39. Mach's gut! - Have a good one!
- 40. Tschüß - Bye!

# PROLOGUE

We appreciate this great opportunity to experience and really collaborate with new people and their cultures. We're grateful for the hospitality and are proud to call ourselves, especially in these times, citizens of the European Union!

